

Indian Cuisine

Shorbas		Without Onion/Garlic
Palak ka shorba <i>(Broth of Spinach replete with Indian spices and touch of butter)</i>	100	Yes
Vegetable shorba <i>(Broth of Beans, Spinach, Carrot, Peas, Tomato, Garlic, Onion and Coriander with Indian spices and touch of butter)</i>	100	Yes
Tamaatar Dhaniya shorba <i>(Broth of Tomato and Coriander with Indian spices and touch of butter)</i>	110	No
Lemon Coriander shorba <i>(Broth of Lemon Grass and Coriander with dash of lemon and black pepper)</i>	100	No
Starters		
Dahi ke Reshmi Kebab <i>(Kebabs with lava of curd within)</i>	200	No
Malai Kasturi Kebab <i>(Croquette of kasoori methi with Khoya for extra softness)</i>	180	No
Haraa Bharaa/Vegetable Kebab <i>(Crispy croquette of spinach, mint, Green peas with potatoes and spices/Crispy croquette of assorted vegetables and spices)</i>	180	Yes
Lauki ke Kebab (FoT Special) <i>(Crispy croquette of Bottle gourd, perfect blend of taste and health)</i>	175	Yes
Papad Roll <i>(Crunchy papad stuffed with Potato, Paneer, Green peas)</i>	160	No
Paneer Tikka Peshawari <i>(Juicy cottage cheese marinated with spicy batter and roasted with Capsicum and Tomatos)</i>	220	No
Afghani Paneer Tikka <i>(Roasted cottage cheese marinated with maghlai spices and cashews)</i>	240	Yes

Mushroom Tikka <i>(Fresh Mushrooms marinated with spicy batter and roasted to perfection)</i>	240	No
Tandoori Aaloo chutney waalaa <i>(Potatoes stuffed with sweet and spicy mix of Khoyaa, Mint, Raisins and Cashews, roasted to give smoky sweet and spicy flavour)</i>	220	Yes
Corn Malai Seekh Kebab <i>(American Corns in creamy batter, roasted in seekh shape)</i>	220	Yes
Roasted Papad Basket(2 pcs)/Masala Papad	25/50	Yes

Main Course

Paneer	220	No
Paneer Butter Masala <i>(Cottage cheese in Sweet and spicy tomato gravy in Punjabi style)</i>		
Paneer Tikka Masala <i>(Marinated, Roasted cottage cheese in spicy minced onion garlic gravy)</i>	260	No
Paneer Lababdar <i>(Cottage cheese in Chopped onion, Garlic in spicy gravy, Mughlai style)</i>	240	No
Lahori Kadhai Paneer <i>(Cottage cheese in semi dry gravy with Capsicum and Onion)</i>	240	No
Kesariya Paneer <i>(Cottage cheese in rich gravy of Khoyaa, Cashew and Kesar)</i>	250	Yes
Nawaabi Handi Paneer (FoT Special) <i>(Cottage cheese in signature gravy, mildly spicy)</i>	260	Yes
Mushroom		
Raahraa Mushroom (FoT Special) <i>(Mushroom in minced mushrooms spicy gravy...treat to Mushroom Lovers)</i>	275	No
Matar Mushroom <i>(Mushroom and green peas in hot spicy gravy)</i>	260	No

Babycorn Mushroom

(Babycorn and Mushroom in spicy gravy)

260

No

Vegetables

Sabj Makkhanwaalaa

(Mixed vegetables cooked with spices and butter)

220

Yes

Dum Aaloo Benarasi

(Stuffed potato in cashew based gravy, with Mint flavour)

230

No

Malai Methi Pyaaz

(Naagori Methi and Pyaaz in Khoyaa and Cashew based gravy)

230

No

Haraa Saag Makai

(American corn in Spinach gravy)

220

Yes

Navratna Korma

(Royal mix of assorted vegetables, Cashews and fruits)

240

Yes

Kofta

Malai Kofta

(Khoya, Cottage cheese stuffed with cashews and Saffron in white gravy)

240

Yes

Pakhtooni Hariyaali Kofta (FoT Special)

(Potato and khoya balls, stuffed with cashew nuts, in spinach gravy)

240

Yes

Regional

Gatta Masala

(Rajasthani Besan Gatta made in spicy gravy)

180

No

Shahi Gatta

(Gatta of Besan and Khoyaa, stuffed with Cashews, in mildly spicy gravy)

210

Yes

Laal Soyaa (FoT Exclusive)

(Vegetarian adaptation of Spicy Red Rajasthani preparation)

280

No

Chanaa Masala

(Chanaa in traditional onion and tomato based gravy)

180

Yes

Dal

Dal Tadka <i>(Yellow lentil seasoned with Onion, Garlic and Tomato)</i>	180	Yes
Lehsuni Dal <i>(Dal Tadka with extra punch of garlic)</i>	190	No
Dal Panchrangi <i>(Mildly spicy mix of five different pulses, a perfect synergy)</i>	210	No
Dal Ghiyaa <i>(Lentils with bottle gourd...Amalgam of Taste with Health)</i>	180	No
Dal Palak <i>(Yellow Lentil along with spinach)</i>	180	Yes
Dal Makhaani Peshawari <i>(Black Urd, kidney beans cooked at low flame to create magic)</i>	220	No

Rice

Steamed/Jeera/Matar Rice	100/110/ 120	Yes
Jaafaraani Zarda Pulao	180	Yes
Vegetable Pulao	140	Yes
Biryaani(Lucknowi style/Hyderabad style)	220/220	No

Curd

Plain Curd	90	Yes
Vegetable/Boondi/Bikaneri/Pineapple Raita	120/120/ 140/140	Yes

Breads

Tandoori/Butter Tandoori/Missi/Khasta Roti	20/25/35/ 60	Yes
Lachcha/Stuffed/Methi Pudina Parantha	40/60/50	Yes
Naan/Butter Naan/Garlic Naan/ Spicy Cheese Naan/Stuffed Naan	50/60/75/ 90/80	No for Garlic naan

Green salad	70	Yes
-------------	----	-----

Chinese Cuisine

Platter

Without
Onion/Garlic

Crackling Spinach Crispy Corn Chilli Paneer
(Crispy Corn and Chilli Paneer on Sizzling bed of Spinach) 330 No

Starters

Gobhi/Paneer/Vegetable/Cheese Chili Manchurian dry
(Cauliflower/Cottage Cheese/Balls of Assorted Vegetables/Cheese with Vegetables in Classic mildly spicy Manchurian sauce) 180/220/
180/220 No

Chilli Paneer Pepper/Chilli Mushroom/Chilli Baby corn
(Cottage cheese/Mushroom/Baby corn in spicy Szechuan sauce) 230/240/
220 Yes

Dragon Paneer

(Jumbo Cottage cheese and Capsicum in sweet and spicy sauce) 230 Yes

Crispy Corn Fritters

(Corn in spicy mix, Fried for perfect crispiness) 220 Yes

Vegetable Spring Rolls

(Noodles and vegetables wrapped in Processed Flour Roti) 180 No

Wok Fried Cottage Cheese (Hongkong Style)

(Cottage Cheese Wok Fried in Ginger, Garlic based sauce, Garnished with green onion and garlic) 220 Yes

Honey Chilli/Golden Chilli Potato

(Spicy potato fingers in sweet shell/Spicy potato fingers in spicy shell) 180/180 No Golden
Chilli

Crispy Vegetable

(Assorted vegetables with Crisp layer in Szechuan sauce) 220 No

Steamed/Fried Wonton

(Dumplings with filling of cabbage, broccoli and cottage cheese) 200/200 Only Tomato
Sauce

Soups

Hot and Sour <i>(Vegetables in spicy ginger, garlic, vinegar and soya based sauce)</i>	130	No
Manchow <i>(Vegetables in garlic and soya based sauce, served with crispy noodles)</i>	140	No
Talumein <i>(Vegetables, Corn and noodles in black pepper and soya based sauce)</i>	120	No

Noodles

Vegetable Hakka Noodles <i>(Vegetables in plain noodles)</i>	180	Yes
Crispy Szechuan Style Noodles <i>(Crispy noodles in Szechuan sauce with assorted vegetables)</i>	220	No
Vegetable Chowmein Chow Chow <i>(Noodles and vegetables with a hint of garlic and soya sauce)</i>	210	Yes
Vegetable Chopsy <i>(Vegetables in sweet and tangy medium)</i>	230	Yes
Chilli Garlic/Szechuan Noodles <i>(Noodles in Chilli Garlic sauce/Noodles in Szechuan sauce)</i>	200/200	No

Rice

Vegetable Fried Rice <i>(Vegetables and rice mixed in soya sauce)</i>	180	Yes
Szechuan Fried Rice <i>(Vegetables and rice in Szechuan sauce)</i>	180	No
Mushroom Fried Rice <i>(Mushroom cubes and rice in soya sauce)</i>	200	No
FoT Signature Fried Rice	220	No

Dishes

Cauliflower Manchurian <i>(Cauliflower in hot garlic sauce)</i>	180	Yes
Vegetable Manchurian <i>(Assorted vegetables in hot garlic sauce)</i>	180	No
Paneer Manchurian <i>(Cottage cheese and vegetables in hot garlic sauce)</i>	220	Yes
Cheese Chilli Manchurian <i>(Cottage cheese and processed Cheese balls in hot garlic sauce)</i>	220	Yes
Stir Fried Babycorn Mushroom Broccoli <i>(Babycorn, mushroom, broccoli in light soya and olive oil)</i>	240	No
Stir Fried Vegetables in Black Pepper Sauce <i>(Assorted vegetables and roasted cashews in black pepper sauce.)</i>	220	No



Italian Cuisine

Soups

Without
Onion/Garlic

Cream of Veg

(Beans, Carrot and Green Peas and onion in cream based medium with salt and pepper)

100

Yes

Cream of Mushroom

(Mushroom and onion in fresh cream based soup with salt and pepper)

120

No

Cream of Tomato

(Tomato in fresh cream based soup with salt and pepper)

110

Yes

Veg Sweet Corn

(American corn, Celery and Spring Onion in cream based soup with salt and pepper)

120

Yes

Pasta

Arrabiata/Alfredo/Mushroom/Pesto/Parmesan

(Red sweet and tangy sauce/White cheesy sauce/Mushroom and cheese based sauce/Basil based green sauce/White sauce with Parmesan cheese)

260/280

1320/

300/500

Yes

Macaroni Au Gratin

(Macaroni pasta and vegetables, Au Gratin with Mozzarella cheese)

240

Yes

Spaghetti Saute

(Spaghetti pasta sautéed with dash of garlic, herbs and chilli flakes)

180

Yes

Cheese Penne

(Penne pasta with Broccolli and Yellow Capsicum)

280

Yes

FoT Signature Pasta

(Signature dish with combination of different Pasta Sauces)

300

Yes

Pizza

Margherita <i>(Cheese pizza)</i>	180	Yes
Cheese Garlic <i>(Cheese Pizza in Garlic flavours)</i>	190	No
Onion Capsicum <i>(Cheese Pizza with Onion and Capsicum)</i>	200	No
Chilli Paneer <i>(Chinese Italian combination)</i>	210	No
Tandoori Paneer <i>(Roasted Cottage cheese with Indian spices along with Mozzarella Cheese)</i>	220	No
Mushroom Pizza <i>(Mushroom, Bell Peppers in combination with mozzarella cheese)</i>	230	No
Vegetable Supremo <i>(Babycorn, mushroom, Olives in mozzarella cheese)</i>	250	Yes
Exotica <i>(Cottage cheese, Olives, Tomato and capsicum in mozzarella cheese)</i>	270	Yes
FoT Special <i>(Broccoli, Cottage cheese, American corn, Olives and Bell peppers in Mozzarella cheese)</i>	290	Yes



Continental Cuisine**Soups**

Tomato	110	Yes
Minestrone	120	Yes
Vegetable	100	Yes
Tomato Basil and Cheese	130	Yes

Starters

Mixed Vegetables Sautey	210	No
Sautey Legumes	170	No

Sizzlers

FoT Signature Sizzler	350	No
Vegetable Steak Sizzler	300	No

Dishes

Baked Macroni	190	Yes
Canneloni Florentine	230	No

Mexican**Nachos**

Plain Masala Nachos	150	Yes
Mexican Veggi Nachos	170	No

Quesadillas

(Processed Flour/Whole Wheat Tortilla)

Quesadilla Cheese and Veg	250/260	Yes
Quesadilla Tangy Paneer	320/330	No
Quesadilla Mushroom and Spinach	350/360	No
Quesadilla Mashed Potato	280/290	Yes
Spinach Whole Wheat Quesadillas	300/310	No
Mexican Veggi Masala Tachos	320/330	No

Fajitas

(Processed Flour/Whole Wheat Tortilla)

Colourful Vegetable Fajitas	310	No
Spicy beans Fajitas	330	No
Extra Tortilla(Processed Flour/Whole Wheat)	80/90	Yes
Extra Sour Dip	80	Yes

MOCKTAILS AND BEVERAGES

BLUE LAGOON

(Caracao Syrup with Soda and crushed Ice)

90

VIRGIN MOJITO

(Fresh Mint and Lemon with crushed ice)

90

PINK LOVE

(Grenadine with Lemon and Ice)

100

BLACK WIDOW

(Cola on top of blended Vanilla and Lemon)

125

PINA COLADA

(Blended Vanilla, Pineapple and Coconut milk)

125

FRUIT PUNCH

(Extracts of Mixed Fruits with Cream and Grenadine)

145

Masala Tea

40

Kesar Tea

(Fot Signature Tea..)

110

Hot Coffee

55

Cold Coffee

90

Cold Coffee with Ice Cream 120

Butter Milk (Salty) 50

Lassi (Sweet) 60

Desserts

Vanilla Ice Cream 80
(2 scoops)

Butter Scotch Ice Cream 90
(2 Scoops)

Gulab Jaamun 80
(2 pieces)

Gulab Jaamun with Vanilla 90
(single piece and single scoop)

Hot Chocolate with Vanilla 100/120
(single scoop/double scoop)

Hot Chocolate Brownie 140

Hot Chocolate Brownie with Vanilla 200
(single scoop)

